

Counselling Service

A cancer diagnosis can be very upsetting, not only for cancer patients themselves, but also for those who love and care for them.

“Going for counselling” can sound daunting. Why go ??

Counselling can give you a safe place, where you can explore and express your thoughts, feelings and experiences with support and without judgement.

Counselling may help you see things differently and help you to find a way through a difficult patch. All our Counsellors are fully and professionally trained, with total confidentiality.

Counselling is becoming much more common. Counselling services are now available at several GP practices throughout Ireland.

Why talk to a Counsellor ??

Counselling can be both a challenging and rewarding experience. It can actually be easier to talk to someone you don't know, because:

They are not involved in your life.

They can see your life objectively.

They will let you talk about anything

They will keep all information confidential.

Please ring our Centre for arrangements and details.

Greystones Cancer Support offers guidance, encouragement and support to cancer patients, their families and their friends.

Greystones Cancer Support: 20 years of community cancer care.

Can we help you or someone you know ??

Greystones Cancer Support



Counselling

Counselling Services are available to cancer patients, their families and those who are important to them.

**La Touche Place, Greystones, Co. Wicklow
2871601**

info@GreystonesCancerSupport.com

Our Counselling Team

Maeve Dowling **086 8810888**



I have considerable experience working with people whose lives have been affected by a cancer diagnosis, and value a multidisciplinary approach to maintaining positive mental health and wellbeing. I am accredited with IACP and a member of the Irish Association for Palliative Care. Qualifications: MSc. Psychotherapy, Dip. Counselling & Psychotherapy, Prof. Cert. Mindfulness, Adv. Cert. Art Therapy.

Anne Randolph **087 2380879**



I have a special interest in working with people dealing with the impact of serious illness in their lives. I have recently trained to work with Adolescents, between the ages of 11yrs and 24yrs, in the many complex issues facing them today. I am working in a busy Counselling and Psychotherapy practice in Bray, and am Clinical Director of Leinster Adolescent Psychotherapy and Counselling Centre (LAPCC), in Dundrum, Dublin 14. I hold a post graduate diploma in Humanistic and Integrative Psychotherapy and am accredited with IAHIP. I hold ECP certification with the European Association for Psychotherapy.

Huub Nagtegaal **087 6745398**



I have a strong interest in helping people with trauma and illness. For over 15 years, I have been involved with various men's groups and taken a strong interest in men's issues. I have a diploma in psychotherapy (ICCP) and currently practice in Dun Laoghaire.

Irish Association of Humanistic & Integrative Psychotherapy (IAHIP)
Irish Association for Counselling and Psychotherapy (IACP)
Institute of Creative Counselling and Psychotherapy (ICCP)