

Greystones Cancer Support Provide

- Assistance with transport to hospital for check-ups and treatment.
- Home and hospital visiting when requested.
- Social outings.
- Open meetings with speakers on specific topics.
- General information.

Men's Evenings Men Only !!

Our Men's Evenings are for men who have had cancer or who have a relative or friend who has had cancer.

Cancer Carers Group

This is a meeting particularly for those who are looking after a cancer patient. Cancer carers are very special people who play a vital role in the life of a cancer patient.

Bereaved Group

This is a monthly special meeting for those who have been bereaved within the last few years.

Counselling

Our Counselling Services are available to cancer patients, their families and those who are important to them.

Greystones Cancer Support offers guidance, encouragement and support to cancer patients, their families and their friends.

This year, we celebrate 20 years of community cancer care.

Can we help you or someone you know ??

Greystones Cancer Support



Specialised Sessions & Complementary Therapies

**La Touche Place, Greystones, Co. Wicklow,
2871601
info@GreystonesCancerSupport.com**

Specialised Sessions

Here is a list of our activities. Why not join us ??
You will be most welcome.

Most events take place at
Greystones Cancer Support, La Touche Place; 2871601
There is no charge to you for any services.

Art Classes

With Valerie Tucker	Tuesdays	10:30 a.m.- 12:30 p.m.
With June Molloy	Thursdays	2:00 p.m.- 4:00 p.m.

Yoga Classes

With Joanne Douglas	Tuesdays	2:00 p.m.- 3:15 p.m.
	Wednesdays	10:00 a.m.- 11:15 a.m. 11:30 a.m.- 12:45 p.m.

Craft Classes

	Thursdays	10:30 a.m.- 12:30 p.m.
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Leisure Mornings at Glenview Hotel

Pool , sauna, steam room, Jacuzzi, paddling pool, air lounge.
First and third Thursdays, Glenview Hotel, 12:30 p.m.

Please contact the office, 2871601
if you would like to go along.

Complementary Therapies

The following Complementary Therapists are also available to Members.
If you are interested please ring the therapist directly.
Please ensure that you have your doctor's permission.

Tania King MTCDT

087 8262369

Are you worried about swollen or heavy limbs?
For information and free assessment
The Rathmichael Clinic, Shankill, Co. Dublin
Medical lymphatic treatments / Complete treatment for Lymphoedema.
www.lymphoedematreatment.ie

Kim Hayden RGN

087 8363037

Roches Clinic, Blacklion, Greystones, Co . Wicklow
Holistic massage, Reflexology, Indian Head Massage.

Elma Murphy

087 2726821

Balanced Health Clinic, Papion, Erskine Avenue, Greystones, Co . Wicklow
Kinesiology.

Julie Manning

086 2485351

Rathdown House, Windgates, Bray, Greystones, Co Wicklow
*Aromatherapy, Holistic Massage, Indian Head Massage and Stone
Therapy Massage.*

Julie Dee

086 3383785

135 Rathdown Park, Greystones, Co Wicklow
Shiatsu